

PRICES

PERSONAL TRAINING



Personal Training per unit	180 CHF
10 sessions	1'700 CHF
20 sessions	3'300 CHF
30 sessions	4'800 CHF
50 sessions	7'500 CHF
Personal Training at home	250 CHF
Partner Personal Training (2 people)	220 CHF
Group workouts	on request
Health Coaching	180 CHF
Body Composition Analysis	150 CHF

METABOLIC TRAINING



Cell Training	
10 sessions	1'000 CHF
20 sessions	1'900 CHF
Metabolic Week	950 CHF
Metabolic Analysis	150 CHF

SUPPLEMENTS



Cellpure shake (small)	39 CHF
Cellpure shake (large)	89 CHF
Omega-3	39 CHF
Bitter elixir	63 CHF
MAP (SanAmino)	69 CHF
Foodspring products	
Whey/Vegan protein 750g	59 CHF
Getränke (10 units)	45 CHF
Creatin (CreaPure)	40 CHF